

JANINE HOGUE SANSREGRET C.Med MEDIATOR AND CONFLICT MANAGEMENT SPECIALIST

Helping people prevent, manage and resolve conflict



Janine Hogue Sansregret has been a mediator for close to 20 years and is a Chartered Mediator. Throughout her career she has practiced victim/offender, workplace, community and family mediation. In addition to her mediation work, Janine delivers mediation and conflict resolution training, group facilitation and individual coaching. Janine holds a Certificate in Mediation Skills, a degree in Conflict Resolution Studies from the University of Winnipeg and is a Chartered Mediator with the Alternative Dispute Resolution Institute of Canada.

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PROFESSIONAL EXPERIENCE

*Senior Mediator, Facilitated Solutions, Winnipeg, MB
2020 – present*

*Associate, Facilitated Solutions, Winnipeg, MB
2012 – 2020*

*Mediator, Mediation Services, Winnipeg, MB
2013 – 2020 (contracts)*

*Mediator & Volunteer Coordinator, Mediation Services,
Winnipeg, MB
2004 - 2011*

*Program Coordinator, Achieving Justice in Our
Communities, Winnipeg, MB
2003 – 2004*

*Co-Executive Director, Art City, Winnipeg, MB
2000-2003*

COMMUNITY EXPERIENCE

*2020- Present, Alternative Dispute Resolution Institute of
Canada, Designations Committee Member*

*2019- 2021, Alternative Dispute Resolution Institute of
Manitoba, Family Mediation Committee Member,*

2017 Family Mediation Manitoba, Secretary

2015-2022, Wolseley School, Volunteer (committees)

*2011-2013, Restorative Action Centre, Volunteer
Mediator*

INTERVENTION and TRAINING EXPERTISE

Intervention

- Mediation of Interpersonal Workplace Disputes (public, private, not-for-profit sectors)
- Facilitation of Group Workplace Disputes (public, private, not-for-profit sectors, community)
- Family Mediation (divorce and separation, parent-teen, family business)
- Court Diversion Victim/Offender Mediation and Conferencing
- Coaching (conflict, leadership and parent/relationship)

Course/Workshop Coaching and Instruction

- Family Mediation, Instructor and Coach
- Mediation Skills Level I and II, Mediation Practice, Instructor and Coach
- Informal Mediation for Leaders, Coach
- Victim/Offender Mediation for Volunteers, Instructor and Coach
- Restorative Action Meeting Facilitation, Instructor and Coach

POST-SECONDARY EDUCATION and PROFESSIONAL CERTIFICATION

2018 Chartered Mediator, Alternative Dispute Resolution Institute of Canada
2011 Certificate in Mediation, Mediation Services Winnipeg (21 days)
2000 BA in Conflict Resolution Studies, University of Winnipeg

PROFESSIONAL MEMBERSHIPS

2014- Present Alternative Dispute Resolution Institute of Manitoba (ADRI), Member
2014- Present Alternative Dispute Resolution Institute of Canada (ADRIC), Member
2016- 2019 Family Mediation Manitoba, Member

ADDITIONAL TRAINING AND PROFESSIONAL DEVELOPMENT

Cultural Safety	Coaching	Family Mediation	Dealing with Change
High Conflict	Evocative Empathy	Non-Defensive Communication	Effective Feedback
Trauma Informed Care	Visual Mediation	Transformative Mediation	Ethics in Mediation
Motivation Interviewing	Family Violence	Child Centered Mediation	Managing Polarities